#### **Starters**

SOUP OF THE DAY £6.50 Served with traditional wheaten bread

(Contains 2-wheat,7,13,14)

SEAFOOD CHOWDER £10.95

Smoked fish, fresh fish, mussels Served with traditional wheaten bread (Contains 1.2-wheat.3.5.7.13.14)

**CHICKEN WINGS** £8.50

Marinated with aromatic herbs, garlic, olive oil Finished with a sprinkle of Parmesan cheese Fresh parsley and lemon aioli (Contains 4,7,9,13,14)

# Wholesome Salads

**GARDEN QUINOA SALAD** £10.95

Mixed quinoa, cherry tomatoes, cucumber Feta cheese, olives and a lemon dressing (Contains 7,13,14)

CHICKEN CAESAR BOWL £10.95

Grilled chicken, baby gem lettuce, cherry tomatoes

Croutons, Parmesan cheese

(Contains 7,9,10-walnuts,13,14)

(Contains 7,13,14)

Caesar dressing and streaky bacon (Contains 2-wheat,13,14)

APPLE WALNUT SPINACH SALAD

Baby spinach, sliced apples and candied walnuts Goat cheese and balsamic vinaigrette

# Sides

TRUFFLE PARMESAN FRIES £6.00 (Contains 7.13) **CHARRED VEGETABLES WITH** £6.00 **BALSAMIC GLAZE** (Contains 13,14) **BUTTERY MASHED POTATO** £6.00 (Contains 7.14) SIDE SALAD WITH MEDITERRANEAN £6.00 **VEGETABLES** (Contains 13,14) £6.00 PARMESAN ROASTED POTATOES AND BROCCOLI



# LUNCH MENU

Served Daily from 12.30pm to 5pm

### **Gourmet Sandwiches**

**BELFAST BRIE & BACON** 

In house £7.00 Take away £6.00 Local brie, crispy bacon, rocket

Caramelized onion chutney On baked wheaten bread

(Contains 2-wheat,7,9,14)

TITANIC TURKEY CLUB

In house £8.50

In house £9.00

Take away £8.00

Roasted turkey, crispy pancetta Take away £7.50

Avocado, Iceberg lettuce and tomato and garlic aioli

On sourdough bread (Contains 2-wheat, 4, 7, 14)

(Contains 2-wheat,7,14)

£9.95

**CAUSEWAY CHICKEN PESTO** PANINI

Grilled chicken, sun-dried tomatoes Mozzarella and basil pesto on ciabatta IRISH GLAZED CARVED HAM & CHEDDAR MELT

In house £9.50 Take away £8.50

Hand carved ham, Coleraine cheddar, Apple slices and wholegrain mustard aioli

On sourdough

Contains (2-wheat, 4, 7, 9, 14)

Contains (2-wheat,7,13,14)

**VEGGIE DELIGHT WRAP** 

In house £9.50

£6.00

£13.50

£15.50

Grilled courgette, aubergine, hummus Take away £8.50 Feta cheese, baby spinach and roasted red peppers In a spinach tortilla

# Add on's

£2.50

£4.00

£13.50

£13.50

**CUP OF SOUP** (Contains 1,2-wheat,7,13,14)

(Contains 1,2-wheat,7,13,14)

**BOWL OF SOUP** 

**PORTION OF SKINNY FRIES** (Contains 14)

SIDE SALAD (Contains 14)

£6.00

# Pizza

#### Handmade 12" Pizza Bases

**MARGHERITA** £12.00 San Marzano tomato sauce, fresh mozzarella Basil, olive oil

(Contains 2-wheat,7,13,14)

**QUATTRO STAGIONI** 

Ham, mushrooms, artichokes, olives (Contains 2-wheat,7,13,14)

PROSCIUTTO E RUCOLA

Prosciutto, rocket, cherry tomato, Parmesan (Contains 7,13,14)

**FUNGI** 

£13.50 Mixed mushrooms, truffle oil, mozzarella, Parmesan (Contains 2-wheat,7,13,14)

VEGAN MEDITERRANEAN PIZZA

Vegan cheese and roasted mediterranean veg (Contains 2-wheat,13,14)

PIZZA POLLO CLASSICA

Classic chicken with mozzarella

Roasted red peppers (Contains 2-wheat,7,13,14)

#### Mains

£18.95

£19.00

£19.00

£8.50

£8.00

£8.50

£8.50

£14.00

**BEEF BURGER** 

Angus beef patty, mozzarella, grilled peppers

Caramelised onions, pesto mayo

Served with rosemary & Parmesan fries

(Contains 2-wheat, 4, 7, 13, 14)

CHICKEN PARMESAN

Breaded chicken breast

Served with Linguine Aglio e Olio and garlic bread

(Contains 2-wheat, 4, 7,13)

TAGLIATELLE CARBONARA £14.95

Pancetta and Parmigiano Reggiano

Served with garlic bread

(Contains 2-wheat,13,14)

**CRISPY PANKO SOLE** 

Served with house fries, lemon and caper aioli

(Contains-2-wheat, 4, 5, 7, 13)

**AUBERGINE PARMESAN** £15.50

Breaded aubergine

Served with Linguine Aglio e Olio and garlic bread

(Contains 2-wheat,4,7,13)

£19.00 BEEF LASAGNE

Layered, seasoned, and baked to perfection

Side of ruby slaw and fries

(Contains 5,7,13,14)

# Desserts

TARTUFO PISTACHIO

Served with vanilla ice cream and biscuit crumb

(Contains 2-wheat,7,10-almond,hazelnut,pistachio)

**TIRAMISU** 

Whipped cream and cherry flavours

(Contains 2-wheat, 4, 7, 13, 14)

**ITALIAN CHEESECAKE** 

Red fruit compote and Chantilly cream

(Contains 2-wheat, 4, 7, 13, 14)

**CHOCOLATE MOUSSE** 

Hazelnut brittle and hazelnut ice cream

(Contains 2-wheat, 4, 7, 10-hazelnut, 13)

AFFOGATO CLASSICO £7.50

Our Five Mile espresso

Vanilla ice cream and rose petals

(Contains 4,7)

IRISH CHEESE BOARD

Local farmhouse cheeses, relish and cheese crackers (Contains 1, 2-wheat,oat,rye,4,7,9,10-almond,hazelnut,12,13,14)

Please advise our team members of any dietary requirements you might have. Please note all food is prepared in a busy kitchen environment where we handle a variety of potentially allergenic ingredients. 1-Celery, 2-Cereals containing gluten, 3-Crustaceans, 4-Eggs, 5-Fish, 6-Lupin, 7-Milk, 8-Molluscs, 9-Mustard, 10-Nuts, 11-Peanuts, 12-Sesame, 13-Soybeans, 14-Sulphur Dioxide and Sulphites